Training in Evidence Based Biodanza programmes

BIONET develop and organize Evidenzbasierte Biodanza – Educations. TANZPRO is a Synonym for dance oriented (Tanzorientierte=german language) evidencebased programmes since 2010. It starts with a Prevention-Project of the German Ministry of Health (2007-2011), where we educated 20 instructors in TANZRPO Biodanza for children. We evaluated the training and the effects of the instructor work in kindergardens and schools.

1. Education of Instructors in Evidence-Based Biodanza programmes in Schools and Kindergardens, 4 Modules, every year: www.bionet.name, biodanzanews@gmail.com

School of Empathy Concept was created by M.Stueck (2013). It contains teaching of 2 evidencebased methods with instructor trainings (e.g. in Germany, Indonesia, Mexico, Sri Lanka, Iran, Latvia: e.g. Leipzig/Baltic School of Biodanza.

Danceoriented Evidence-based Biodanza programme for children (TANZPRO-Biodanza, M.Stueck, A.Villegas) based on the work of Rolando Toro, Cecilia Luzzi = Dance of Life. 10 sessions with travels through different countries for school and kindergarden children. Scientific evaluation by M.Stueck, A.Villegas a.o

Evidence based Programme „Respectful Communication“ (M.Müller, N.Pörschmann), based on the Nonviolent Communication of M.Rosenberg= the language of Life. Scientific evaluation by S.Schoppe, M.Stueck

2. Education of Instructors in Evidence-Based Biodanza Educations in Biodanza-Aquatica 2 Modules, every year: www.bionet.name, biodanzanews@gmail.com

mit Marcus Stueck & Alejandra Villegas, Altair Almeida (London School of Biodanza, Organisator). Since 2007 there are scientific studies with Biodanza Aquatica and ist effects on health (see youtube: Biodanza Aquatica BIONET, see also in this book). In the instructor training TANZPRO Biodanza Aquatica (Synonym for Evidence based Biodanza Aquatica programme) is learned 15 sessions (handbook with exercises and music)