**Abstracts**

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**The Health Cube in the biocentric health management for teacher and children – Science for a good Life**

Prof. Dr. M. Stueck

DPFA Academy of Work & Health Leipzig (Germany)

The Health Cube is a scientifically evaluated instrument of reflection and intervention in the context of the Biocentric Health Management, developed by Stueck (2018). It can be used to detect factors that hinder health in educational institutions for children, teachers and their parents. There are different versions for use: in group discussions, as questionnaires in short and long form, as a biofeedback cube for the self-control of physiological stress states. There are six levels of cubes to make evidencebased analyses with a traffic light system to necessary behavioral and health interventions and changes (1) Environmental factors (2) Psychological reactions (3) Stressphysiological reactions (4) Nutrition and movement (5) Ressources (6) Biocentric relational patterns. In the process, an individual's intrinsic motivation towards health (so called Health Identity) is developed in order to remain healthy without simply imitating the systems's health goals. The concept is constantly being scientifically evaluated and developed both nationally and internationally, and can also be adapted in a modular way to meet the requirements of the client.

**Reparentalisation and the Biocentric Principle – A way to come out of the Apocalypse and to develop a new ethic towards nature**

Prof. Dr. M. Stueck, Dr.Alejandra Villegas, Dr.Dian Utami, MSc. Vineta Greaves, MSc. Anete Raykova

DPFA Academy of Work & Health Leipzig (Germany)

International Research Academy Leipzig (Germany)

Islam University Indonesia Yogyakarta (Indonesia)

“The only form of revolution that makes sense is one that would enable all human beings to have access to love”. Rolando Toro the founder of Biodanza created this sentence and a Biocentric principle where he speakes about a new civilization, which has to be developed to overcome the apocalypse in which our world and nature gets completely destroyed at the moment. He proposes a biocentrical education and a possibility of Reparentalisation as a biological neuroscientific transformation process to give humans back a feeling of trust and love to their parents, to relationships and to nature. This development of a human ethic will be discussed also by the help of video demonstrations.